

SAVOURING OUR SAVIOUR

RIPE 'N' READY

KINDNESS

READ: (Galatians 5:22-23 & Luke 10:25-37)

Stephen Grellet, a Quaker Missionary, once said this “I shall pass this way but once; any good that I can do or any kindness I can show to any human being; let me do it now. Let me not defer nor neglect it, for I shall not pass this way again.”

Q. Has anyone been really kind to you – share (without mentioning a name if that person is known to group)

Q. How would you describe a kind person?

Q. What are the qualities of kindness?

Remind yourself of Galatians 5:22-23

Read Luke 10:22-37

Q. How can you be more friendly, generous and considerate to those you love and are committed to - family, friends, work colleagues, church members?

Q. How can you be more friendly, generous and considerate to strangers?

Q. How can you be more friendly, generous and considerate to an enemy or someone you don't see eye to eye with?

Discuss the following in terms of kindness: being friendly, generous and considerate

- * Opening your home to a Ukrainian refugee
- * Deporting an illegal immigrant to Rwanda
- * Welcoming a homeless person to Church

For further verses on kindness see Romans 2:4; Ephesians 2:7; Titus 3:4; Acts 27:3; Acts 28:2

Think of one person you can show a kindness to this week and hold each other accountable next week that you actually was!